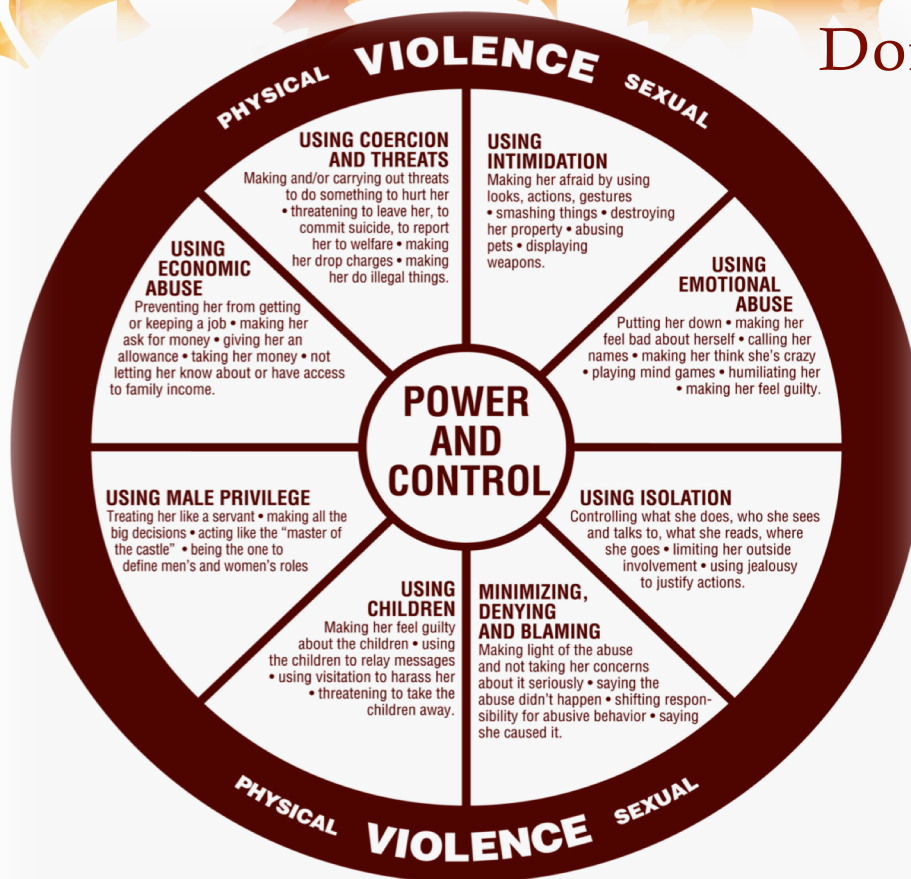


OCTOBER 2011

Domestic Violence Awareness Month

What is Domestic Violence?



Domestic violence is best understood as a pattern of abusive behaviors -- including physical, sexual, and psychological attacks as well as economic coercion -- used by one intimate partner against another (adult or adolescent) to gain, maintain, or regain power and control in the relationship. Batterers use of a range of tactics to frighten, terrorize, manipulate, hurt, humiliate, blame, often injure, and sometimes kill a current or former intimate partner. ^{*(cited)}

- 85% of victims are female
- 1 in 4 women will experience will or has experienced domestic violence in their lives
- Women ages 20-24 are at the highest risk for nonfatal violence
- Separated and divorced women are at a greater risk
- Women of all races are equally vulnerable
- Nearly three out of four Americans know someone that has been a victim of domestic violence

DOMESTIC ABUSE INTERVENTION PROJECT

Resources

2011 Domestic Violence Resource Center*

<http://www.dvrc-or.org/domestic>

The Domestic Violence Awareness Project...
<http://dvam.vawnet.org/>

Safe Harbor
<http://www.safeharborshelter.com>

 PINNACLE EAP
804-282-3113

Hotlines:

24-Hour Crisis Line

- National Domestic Violence Hotline: 1-800-799-7233
- Safe Harbor: 804 -287-7877
- Domestic Violence Hotline for Men: 1-888-743-5754

Emergency: 911