# O C T O B E R 2 0 1 1

# Domestic Violence Awareness Month

Domestic Violence?

VIOLENCE PHYSICAL **USING COERCION** INTIMIDATION AND THREATS Making and/or carrying out threats to do something to hurt her threatening to leave her, to commit suicide, to report Making her afraid by using ooks, actions, gestures smashing things • destroying her property • abusing her to welfare • making her drop charges • making her do illegal things. USING pets • displaying USING **ECONOMIC** weapons. **EMOTIONAL ABUSE** Preventing her from getting or keeping a job • making her ask for money • giving her an ABUSE Putting her down • making her feel bad about herself • calling her allowance • taking her money • not letting her know about or have access to family income. names . making her think she's crazy **POWER AND** CONTRO **USING MALE PRIVILEGE USING ISOLATION** Controlling what she does, who she sees and talks to, what she reads, where Treating her like a servant • making all the big decisions • acting like the "master of the castle" • being the one to define men's and women's roles she goes • limiting her outside involvement • using jealousy USING CHILDREN to justify actions MINIMIZING, DENYING Making her feel guilty AND BLAMING about the children . using Making light of the abuse the children to relay messages
• using visitation to harass her and not taking her concerns about it seriously • saying the abuse didn't happen • shifting responsibility for abusive behavior • saying threatening to take the children away. PHYSICAL VIOLENCE SEXUAL

DOMESTIC ABUSE INTERVENTION PROJECT

# Resources

2011 Domestic Violence Resource Center\*

http://www.dvrcor.org/domestic The Domestic Violence Awareness Project...

http://dvam.vawn et.org/ Safe Harbor

http://www.safehar borshelter.com

► PINNACLE EAP 804-282-3113

Domestic violence is best understood as a pattern of abusive behaviors -- including physical, sexual, and psychological attacks as well as economic coercion -- used by one intimate partner against another (adult or adolescent) to gain, maintain, or regain power and control in the relationship. Batterers use of a range of tactics to frighten, terrorize, manipulate, hurt, humiliate, blame, often injure, and sometimes kill a current or former intimate partner.\*(cited)

- 85% of victims are female
- 1 in 4 women will experience will or has experienced domestic violence in their lives
- Women ages 20-24 are at the highest risk for nonfatal violence
- Separated and divorced women are at a greater risk
- Women of all races are equally vulnerable
- Nearly three out of four Americans know someone that has been a victim of domestic violence

### Hotlines:

## 24-Hour Crisis Line

- National Domestic Violence Hotline: 1-800-799-7233
- Safe Harbor: 804 -287-7877
- Domestic Violence Hotline for Men: 1-888-743-5754

Emergency: 911